

## MENTAL HEALTH, DRUG & ALCOHOL POLICY NETWORK

**BULLETIN 35 : 19th May**

**2011**

**Apologies yet again for another long gap since the last bulletin – and happy reading!**

### News and information

#### New Joint Chair: Terry Dafter

“Following the departure of Richard Webb to the position of Honorary Secretary with ADASS I am delighted to be given the opportunity to take on the Joint Chair Role of the ADASS Mental Health, Drugs & Alcohol Network alongside Jonathan Phillips. By way of introduction I started life as a social worker on a mental health team in Manchester before moving to Bury to manage a multi-disciplinary community mental health service. In my other roles since I have always kept a keen interest in mental health and strived to ensure the role of social care is emphasised and promoted in commissioning of services. More recently I have strived in Stockport to promote SDS in mental health and now have a significant number of citizens on the CPA who have made use of a direct payment or individual budget. It is evident from this newsletter that there is a significant amount of work ongoing around mental health at the minute and I am sure the network will continue to play a full part in developments: on that note the current strength and position of the network is to a great extent thanks to the considerable hard work and commitment shown by Richard Webb over the last few years and I do want to thank him for his significant contribution and wish him well in his future role.” Terry Dafter

#### Detained patients tribunal report

A ground-breaking [report](#) was published on 30<sup>th</sup> March on the experiences of patients who appealed to a tribunal against their detention under the Mental Health Act. First-hand information has been obtained from patients of their personal experiences of appearing before the First-tier Tribunal (Mental Health), formerly the Mental Health Review Tribunal. This type of information has never been gathered before to this extent because of the practical difficulties in gaining access to mental health patients. The report was commissioned by the Administrative Justice and Tribunals Council (AJTC) and the Care Quality Commission (CQC). Read more of the [press release here](#).

#### Mental health promotion and mental illness prevention: The economic case

[This report](#) presents the key findings of a project on the economic case for mental health promotion and prevention, based on a detailed analysis of costs and benefits for fifteen different interventions. The project was commissioned with £50,000 funding from the Department of Health, and is the result of collaboration between researchers in the Personal Social Services Research Unit (PSSRU), London School of Economics and Political Science; the Centre for Mental Health (CMH); and the Centre for the Economics of Mental Health (CEMH), Institute of Psychiatry at King's College London.

#### NMHDU Final Briefing

NMHDU has now come to an end, but their website remains and the [final briefing](#) contains a great summary of all the work they have achieved and next steps beyond NMHDU. They have also published a set of brief [mental health related fact files](#) with really excellent basic information (and mostly only 4-6 pages long).

#### Mental Health and Housing Resources for Commissioners and Providers

As part of the Homes and Jobs for Vulnerable Adults Programme, (PSA 16) the NMHDU in partnership with DH/Yorkshire & the Humber and YHIP commissioned Contact Consulting to undertake a review of, 'Housing and housing support in mental health and learning disabilities - its role in QIPP'. The report from their work and its accompanying statistical appendix is now available, drawing on case studies from the YH region and providing key statistics for local commissioners. Linda Sleney from DH/YH has sent us the published papers and briefings in this series, and an introduction to the resources, with many thanks to Drew van Doorn former NMHDU National Housing lead.



Briefings  
Introduction

[Resources for Commissioners & Providers: QUIP](#) ; [Statistical Compendium](#) ; [Payment by results](#) ;

[Resources for Commissioners & Providers: Improving outcomes, integrating lives](#) ; [Localism & the big society](#)

[Integrated care](#) ; [Housing on the pathway to recovery](#) ; [Housing and personalisation](#) ;

[Resources for Commissioners & Providers: Housing and housing support in mental health and learning disabilities – its role in QIPP](#)

## Facing up to the challenge of personal health budgets: the view of frontline professionals

NMHDU and NHS Confederation have been working together on personal health budgets and send this message:

“Following research published late last year on [NHS leaders' views on PHBs](#), this second in a series of three surveys finds that while professionals support the idea of PHB, a lack of understanding about how they are being used by service users and reservations about the evidence base on which to judge their effectiveness has led to little enthusiasm for implementing the policy” – see further details from this message and the NHS Confederation's MH Network comment on the research below, and read the full survey report:



PHB message



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## Easy read version of Mental Health Strategy

The Easy read version of the Strategy is now available, and here is the link to the DH pages for all other information:

[http://www.dh.gov.uk/en/Publicationsandstatistics/Publications/PublicationsPolicyAndGuidance/DH\\_123766](http://www.dh.gov.uk/en/Publicationsandstatistics/Publications/PublicationsPolicyAndGuidance/DH_123766)



MentalHealthFuture\_  
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## 'Public mental health and well-being – the local perspective' – NHS Confederation report

More than 140 leaders in the NHS and local authorities believe investing in mental well-being is more vital than ever, according to an NHS Confederation report, published on 9 March.

The [report](#) examines local leaders' perceptions of public mental health and well-being, the progress they have made, how they are acting on recent evidence, and how addressing mental illness and improving mental well-being go hand in hand. It is based on interviews and focus groups with heads of PCTs, GP practices, local authorities, public health services and mental health trusts.

It makes clear the strong evidence base for improving local environments, intervening in the early years where necessary, supporting parents, working with schools to help improve mental well-being and taking action to reduce health inequalities, with case studies of what is already being done in many local areas across England.

## Research about the impact of the Independent Mental Capacity Advocacy (IMCA) service

The report of the research about the impact of the Independent Mental Capacity Advocacy (IMCA) service has now been published on the website of the Social Care Institute for Excellence, where you can find the [Executive Summary](#) and the [Full Report](#).

Ruth Townsley and Adele Laing would like to take this opportunity to say a huge thank you to everyone who has provided help and guidance throughout the project, they are very grateful for all your support.

## MCA: Investment & central support – comment from Paul Gantley

Paul Gantley's excellent work as DH lead on the MCA sadly came to an end in March, however before he left he was put 'in the hot seat' on the MCA Community of Practice (where many MCA-focused professionals are now registered to share advice and problems and to access the huge library of information held there). Greg Slay asked him a question about the ongoing investment in MCA and the end of the DH central support role, and his answer gives a great history of the work to implement the Act and some very useful advice going forward. We wish Paul all the best in his future endeavours.



DH and WAG  
investment in MCA im

## Launch of Joint Commissioning Panel for Mental Health and new framework for mental health commissioning

The Joint Commissioning Panel for Mental Health is a new collaboration between leading organisations with an interest in mental health, learning disabilities, and wellbeing.

### Launched on the 28th of March, the JCP-MH represents:

- a coming together of the Royal Colleges of General Practitioners and Psychiatrists
- in partnership with the Association of Directors of Adult Social Services, British Psychological Society, Healthcare Finance Management Association, Interprofessional Collaborative on Mental Health, National Collaborating Centre for Mental Health, NHS Confederation and the Royal College of Nursing
- spearheaded by the views of Mind, the National Involvement Partnership, National Survivor and User Network and Rethink Mental Illness.

Also launched on the 28th of March, is the JCP-MH's first publication: [Practical Mental Health Commissioning. Volume One: Setting the Scene](#). Written for GP pathfinder consortia, local authorities, as well as PCTs in transition, this is intended to guide commissioners as they move through a complex and changing terrain. It provides a clear framework for what mental health commissioning looks like now, how it will work under the reforms, and identifies the opportunities to provide care in the future. It will be followed by Volumes Two and Three later in 2011/2012.

The JCP-MH exists to provide current and future commissioners with knowledge, practical guidance, evidence, and insight. **For further details, please visit:** [www.icpmh.info](http://www.icpmh.info) (type this direct into your browser or use the link in Terry's message below).

## Get involved

### Mental Health Joint Commissioning Panel

Message from Terry Dafter: "As part of my Joint Chair role I am currently representing ADASS on the Joint Commissioning Panel mentioned above, which is working on producing guidance for new GP consortia on good commissioning practice in mental health: the panel is jointly led by the Royal Colleges of Psychiatry and General Practitioners: further information on the panel is available at: <http://www.rcpsych.ac.uk/policy/policyandparliamentary/projects/live/commissioning.aspx>

Volume 1 of the guidance has already been prepared and Kieron Murphy former National Programme Director at NMH DU is now tasked with preparing Volume 2 which covers a range of areas. He wants to progress the work through establishing an **expert reference group** that would include a range of stakeholders including user and carer groups: the group would run for about three to four months and undertake the majority of its work either virtually or through phone conferencing. Kieron is looking to have an ADASS rep on each of the groups if possible and that is why I am contacting you all to see if either you or a suitable nominee would be able to help. I don't think the nominee need necessarily be a member of ADASS but just someone we would feel appropriate and you would be happy to nominate.

Some areas have now been covered but the outstanding ones are:

#### Transition/CAMHS

#### Primary Mental Health Care

#### Liaison

If you or a colleague would be able to help with one of these areas or you would like further information then could you please contact me in the first instance (**0161 474 4401 or 07800 618757**) Many thanks."

The NHS Confederation Mental Health Network would also like to field members (could be joint representation with ADASS) in the first two areas above and also **dementia**. Meetings start in **early June so please contact Terry asap if you can help**.

### Call for more personalisation stories

We are still working on completing a publication showcasing personalisation successes in mental health and substance misuse. Thanks for those stories we have already received, and please send any more you have to [Paula Hallam](#) by **Tuesday 7<sup>th</sup> June**.

### Next ADASS MH, D&A Policy Network Regular Business Meeting:

**The next meeting, including business planning for the year ahead, will be on 15 July 2011, 10.30am – 3.00 pm, at Birmingham CVS, contact [Linda Farrow](#) for further details.**

Regards

Jonathan Phillips, Terry Dafter & Lucy Butler