

# ADASS CARERS E-BULLETIN No.4 INFORMATION AND KNOWLEDGE EXCHANGE

## 1. DOCUMENTS FOR CIRCULATION

The following documents form part of this E-bulletin or are relevant to previous materials and the progression of personalisation:

- ***At a Glance 10 – Personalisation Briefing – Carers***, SCIE, December 2012.
- ***Commissioning Services for Young Carers and their Families***, December 2012, Carers Trust [Funded A&BS Charitable Trust]
- ***Progressing Personalisation – a review of personal budgets and direct payments for carers***, Carers Trust, December 2012
- ***Carers and the Welfare Reform Act, FAQs*** – Carers UK, January 2013.

## 2. INFORMATION SHARING/UPDATES

### **Carers and the Welfare Reform Act – How carers will be affected by planned changes to benefits [January 2013]:**

Carers UK has produced the above FAQs paper. A PDF Copy is attached. There are four key areas for carers: Universal Credit, Carers' Benefits, Disability Living Allowance and other changes. It can also be downloaded from:

<http://www.carersuk.org/professionals/resources/briefings/item/1981-faqs-about-welfare-reform-bill>

**For further information contact:** Steve McIntosh [steve.mcintosh@carersuk.org](mailto:steve.mcintosh@carersuk.org)

### **Carers Trust Update:**

#### **Commissioning Services for Young Carers and their Families**

Carers Trust, has launched a new guide aimed at helping commissioners with developing local services for young carers and their families. Structured around the "Understand, Plan, Do and Review" phases of the commissioning cycle, it gives an overview of the key areas for commissioning. It also offers examples of current young carer services, as well as some of the tools that are proving to be effective. A PDF copy forms part of this bulletin.

Download from: <http://professionals.carers.org/young-carers/policy-and-planning,3062,PP.html> . Hard copies can be requested by emailing [info@carers.org](mailto:info@carers.org)

**Supporting Young Carers and their Families: Examples of Practice** showcases a diverse range of new, established and innovative practice that will support all who commission or develop services for young carers and their families. Practice examples are themed and are being added to over the coming months.

<http://professionals.carers.org/young-carers/articles/supporting-young-carers-and-their-families-examples-of-practice,7139,PR.html>

**Triangle of Care:** Supporting carers of people with mental health problems. A suite of materials has been produced to explain the principles of the project and promote membership of the scheme. These can be downloaded at:

<http://professionals.carers.org/health/articles/triangle-of-care,6802,PR.html>

### **Carers and Personal Budgets**

*Progressing Personalisation* is a short report based on research on how personal budgets are being used in a range of areas across England. It highlights difficulties experienced as well as good practice and looks at how more can be achieved. PDF copy enclosed with this Bulletin. It can be downloaded at:

[http://www.carers.org/sites/default/files/progressing\\_personalisation.pdf](http://www.carers.org/sites/default/files/progressing_personalisation.pdf)

### **Carers Breaks on the Brink**

This report, looking at how PCTs are responding to the requirements of the NHS Operating Framework relating to carers, finds that many PCTs are not making information about what they are doing transparent. This is crucial in local accountability and enabling carers to be involved. It can be downloaded from:

[http://www.carers.org/sites/default/files/carers\\_breaks\\_on\\_the\\_brink.pdf](http://www.carers.org/sites/default/files/carers_breaks_on_the_brink.pdf)

**For further information please contact:** Moira Fraser [mfraser@carers.org](mailto:mfraser@carers.org)

### **Durham Carers Card Scheme:**

Sarah Douglas, Commissioning Policy and Planning Officer Durham CC, has supplied information about their new *Carers Card*. This was launched by Durham County Council, Darlington Borough Council and local NHS organisations on 17<sup>th</sup> October 2012. The card offers unpaid carers discounts and concessions on a wide variety of products and services.

More information can be found at [www.durhamcarers.info/carerscard](http://www.durhamcarers.info/carerscard). Over 140 retailers and leisure venues are backing the County Durham and Darlington Carers Card by providing exclusive offers and price reductions. The card aims to recognise the support unpaid carers provide to their neighbours, friends and loved ones and offer a financial helping hand. The discounts and offers available are based on feedback from carers and include:

- Days out, visitor attractions and sporting venues
- Holistic treatments, hair and beauty
- Health and fitness
- Photography, DIY services and supplies
- Driving schools and vehicle servicing and repairs
- Pharmacies, toiletries and healthcare products
- Building and gardening services and locksmiths
- Solicitors and legal advice

**Further Information/ Contact:** [sarah.douglas@durham.gov.uk](mailto:sarah.douglas@durham.gov.uk)

### **Skills for Care – Carers and Stroke:**

Diane Buddery has advised that one of the successful organisations within their funding programme for supporting learning for carers is Stroke Care. They are going to use the funding on running a Pilot Carers' Employment Support Project and Health Awareness Workshops about *The Effects of Caring For Another Person*. The project is just about to kick off and Network members can find out more from the contact /lead: ([Fay@strokecare.org.uk](mailto:Fay@strokecare.org.uk))

**For information about skills for care work on carers' issues please contact:**  
[diane.buddery@skillsforcare.org.uk](mailto:diane.buddery@skillsforcare.org.uk)

### **Carers Hub Toolkit Pilots:**

Following the last CPN John Bangs – [johnbangs@surreycc.gov.uk](mailto:johnbangs@surreycc.gov.uk) has shared that the Carers' Hub is already proving to be an effective tool for mapping local services in consultation with carers and feedback has been positive.

*"The Carers' Hub helped us to engage with carers and highlighted what they valued, not what we thought they should value."* (Commissioner)

Carers Trust has been working with a number of local authorities to co-produce a [toolkit](#) outlining a simple process for using the Carers' Hub. The toolkit is now being piloted over the next few months. LAs involved with the pilot will be offered promotion of their work via the [Carers' Hub](#) website, along with free resources such as laminated copies of the Hub. If you would like more information, please contact [carershub@carers.org](mailto:carershub@carers.org)

## **3. REQUESTS FOR INFORMATION/PRACTICAL EXAMPLES**

### **Prevention and Early Intervention:**

Frances Perry, Carers and Strategic Policy Manager for the City of York, has asked if network members can supply her with information on prevention and early intervention. Frances is interested in hearing about plans and/or experiences of commissioning support/services for carers with specific preventative outcomes.

**Please send information/ Contact:** [frances.perry@york.gov.uk](mailto:frances.perry@york.gov.uk)

### **Dementia Carers Pathway**

As promised at the last Policy Network Meeting, James Drummond has sent a copy of the Torbay and Southern Devon Health and Care NHS guide. It is attached as a PDF.

**Feedback/comments please to:** [jamesdrummond@nhs.net](mailto:jamesdrummond@nhs.net)

## **4. POLICY NETWORK MEETINGS**

The next meeting will be at Carers UK on 20<sup>th</sup> May 2013 with the usual start and finish times. The agenda will be circulated nearer the time. The draft agenda for the day includes:

- Department of Health Update and Challenge – Elaine Edgar
- Outcome Based Accountability/SROI/evidencing value - Tim Anfilogoff, Hertfordshire CC.[ Latest Developments
- Update on Making it Real - Bernadette Simpson

Afternoon Workshop – This has been fixed provisionally [Tbc] to be led by Bernadette Simpson and will link to the forthcoming paper being produced jointly with Carers Trust on

Please make sure you have in your diaries – look forward to seeing you.

## 5. EVENTS OF INTEREST

Glenys Ruan, Training and Consultancy Manager at Carers UK, has given us advance notice of a conference on 1<sup>st</sup> May 2013. Details are as follows:

### **Carers UK Conference: State of Caring, 1 May 2013**

Carers UK's State of Caring Conference will look at the changing care landscape and help you plan and deliver change whether you are commissioning, running services on behalf of or delivering services that support carers. To register your interest visit the Carers UK website: <http://www.carersuk.org/professionals/conference>

### **South Gloucestershire: Celebration Day**

Sue Kerswell, Carers Joint Commissioning Manager at South Gloucestershire, [sue.kereswell@southglos.gov.uk](mailto:sue.kereswell@southglos.gov.uk) has shared information about a day designed to support carers. The flyer is available in PDF format with this bulletin and further information can be obtained from: [www.southglos.gov.uk/celebrating2012](http://www.southglos.gov.uk/celebrating2012)

## 6. DRAFT CARE AND SUPPORT BILL

Submissions to the Joint Committee are becoming available. Chloe Wright, Senior Policy and Public Affairs Officer at Carers UK - [Chloe.wright@carersuk.org](mailto:Chloe.wright@carersuk.org) has shared her organisation's submission. It is available in PDF format and can be downloaded from:

<http://www.carersuk.org/professionals/resources/responses-to-uk-government/item/2933-evidence-to-the-draft-care-and-support-bill-committee>

## 7. CONTINUING CONVERSATIONS

### **Carers as Partners in Hospital Discharge\*:**

Kate Blackman, Carer Support Hospital Worker at Salisbury Hospital, is looking at some of the issues raised by this network paper. If you have any information on local practice developments around engagement with nursing staff or any other aspects of the paper do get in touch with her: [kate@carersinwiltshire.co.uk](mailto:kate@carersinwiltshire.co.uk)

\* Published ADASS 2011 and can be downloaded from:

<http://www.adass.org.uk/images/stories/Hospital%20Discharge%20final%20version.pdf>

### **Contact\*: ADASS Carers E-Bulletin arrangements:**

[michaelhake@warwickshire.gov.uk](mailto:michaelhake@warwickshire.gov.uk) or [adasscarers@warwickshire.gov.uk](mailto:adasscarers@warwickshire.gov.uk)

\*Usually available most Friday mornings.